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THE BIG LIE



We have shown you pictures of us hiking rugged trails. We have let you believe, if you would, we eat sunflower seeds and granola, and sing cowboy songs. I can't bear it any longer. I have to tell you the truth.

This is the truth:



And this is the truth:



And this is the truth:

- Tonight we ate chocolate cake.
- Our second day in Sedona we split a brownie and each ate an oatmeal raisin cookie.
- Yesterday we had calamari at lunch AND dinner - JUST AS APPETIZERS.

Our souls are better now, thank you.

D&S

PS - We did some rugged stuff today. And all before lunch. (Then we ate half-pound hamburgers).

Walnut Canyon



Montezuma's Castle



Tuzigoot National Monument

