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Subject: Postcard

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Part of the mystique of Sedona, AZ are the reputed energy centers that Sedona residents call vortexes. A vortex is a site of spiraling spiritual vitality that interacts with the inner self. Not sure exactly what that means but we were determined to try it.

Based on local lore, one of the best vortex sites is on the Vista cut-off from the Boynton Canyon trail at the base of a rock called Kachina Woman. Now we've seen dust devils, we've seen the water swirl down the tub drain, but this was supposed to be one special vortex.

The morning was a gorgeous Sedona October offering – cool, clear, sunny and dry. We drove to the trailhead where, as we had been told, the trail would be open but the pit toilet wouldn't. And so it was. We could live with the trade-off. (Aside: In Death Valley the restrooms were open and the trails were closed. Hmmm).



We saw a flower.



And got this view.



A deer caused a traffic jam of Germans.



We saw lots of rocks.





A lizard scurried away.



As we neared the Vista cutoff trail we could see Kachina Woman. We were drawn toward her up the slope. A collection of cairns, as if at a shrine, had been assembled along the ascent.





Almost there, we stood near Kachina Woman. But felt nothing – except the exhilaration of the hike and our view of Boynton Spiral. We put the camera on a limb of this tree and set the timer, aimed to snap us standing in the vortex. The timer alert light flashed! We ran to the base of Kachina woman! And turned! The shutter clicked!



Tomorrow – dunno yet. Need to unwind.

D&S